FAMILY GUIDEBOOK

Missouri University of Science and Technology
Founded 1870 | Rolla, Missouri | mst.edu
We hope your Preview, Registration, and Orientation (PRO) experience will be fun and informative. We’re excited to have you join the Missouri S&T family!

This guidebook addresses some of the concerns students, parents and families have about college. S&T offers many resources to students to ensure academic, personal, and professional success. We suggest you review the student handbook, undergraduate catalog, phone directory and related S&T website at pro.mst.edu. The information in our guidebook supplements today’s PRO activities – some sections are for students, some for parents.

We invite you to talk with current students, staff and faculty about any specific interests or concerns you have. If you want more information about a topic in the guidebook or have questions after your PRO Day, please refer to the S&T directory in this guidebook (pgs. 20 & 21). If you are unsure about where to begin, contact New Student Programs at 800-266-9035 or pro@mst.edu or follow us on facebook at “Missouri S&T New Student Programs.” We’ll be happy to answer your questions or direct you to the best person or place for assistance.

We thank you for joining us at PRO. See you at Opening Week!

Sincerely,

Joe Miner
S&T Mascot
facebook.com/sandtnewstudents
### Advice from successful S&T students:

- Go to class, pay attention
- Read your textbooks
- Find a comfortable place to study
- Read assignments before class
- Ask questions when you’re stuck
- Discuss your notes weekly with a study partner
- Meet with your professor or tutor at the first sign of difficulty
- Work extra practice problems
- Don’t forget that schoolwork comes first
- Get plenty of sleep

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Not pictured:
- Cori Hatley
- Cole Thompson
- Sasha Worthy

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Opening Week

Academic Workshops

The specialized academic workshops offered during Opening Week are non-credit and credit courses that help you build a foundation for a successful career at Missouri S&T. These workshops are one week long. You will register for one Academic Workshop during your PRO Day. The course fee will be included in your fall semester Fee Statement which will be sent online in late June (or in August if attending the August PRO Session).

Non-Credit Courses*

Lead Out Loud.
Interested in building your leadership potential? Explore paths to leadership development and how to engage in leadership opportunities at S&T. This workshop will focus on how to communicate effectively as a leader and how to acquire key abilities such as self-assessment, organizational awareness, decision making, being a change catalyst, fostering teamwork and collaboration. Session will include a variety of indoor and outdoor adventures and team-building activities.

Trigonometry Review.**
This course is an intensive review designed for students who have adequate algebra preparation, good high school performance and strong ACT scores, but need a review of trigonometry before entering the calculus sequence at S&T. Successful completion of the workshop will satisfy the trigonometry prerequisite for calculus. Whereas, unsuccessful completion of the workshop will require adjustments in the fall semester schedule and delay the student’s progress and potential? Explore paths to leadership development and how to engage in leadership opportunities at S&T. This workshop will focus on how to communicate effectively as a leader and how to acquire key abilities such as self-assessment, organizational awareness, decision making, being a change catalyst, fostering teamwork and collaboration. Session will include a variety of indoor and outdoor adventures and team-building activities.

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Credit Courses

Introduction to Laboratory Safety and Hazardous Materials.
This is an intensive course required for all students planning to take chemistry lab classes at Missouri S&T. This class consists of lectures, videos, demonstrations, safety practices and hazardous handling procedures and two exams.

*The non-credit course fee is $110. The cancellation deadline for non-credit courses is August 11, 2014. No refund will be given after this date.

**Students are cautioned that the level of academic expectations in college differs considerably from that experienced in high school. The math workshops are reviews and are designed to present opportunities for students to move to more advanced math courses. Students who take these workshops typically are often disappointed in the placement of their math class. On the other hand, students who take these workshops seriously and work hard experience high levels of success.

Opening Week Orientation begins Sunday with a welcome picnic and entertainment.

Convocation, specialized Academic Workshops and interactive programs will fill your week. You will get to know the S&T campus, faculty, staff, students and Rolla community.

Opening Week will also introduce you to campus services and resources that will help prepare you personally and professionally for your college success.

You will feel confident and ready to start classes on Monday with your new friends and campus support.

New Student Convocation.
Start your first year off right with the traditions and pride of Missouri S&T by attending New Student Convocation. Chancellor Schrader, faculty, staff and alumni will officially welcome you during this ceremony.

Academic Workshops.
During PRO, you and your advisor will select an appropriate workshop for you to take during Opening Week Orientation. Whether you’re reviewing trigonometry, learning safe chemistry laboratory procedures, or developing communication and leadership skills, additional preparation will help maximize your success at Missouri S&T.

Project X.
Tuesday through Friday, you will participate in an Opening Week Orientation team design project and Missions. Missouri S&T is nationally known for its team design projects. During Opening Week Orientation you are introduced to a fun and interactive design project. Mission topics will include professional development, diversity and inclusiveness, academic expectations, campus resources, social issues and more.

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August 16-22, 2014
Defining Student Success
While grades are one measure of success, knowing that you are doing your best and achieving your goals may sometimes mean that you gladly accept a “B” in a really tough class.

Being accepted at S&T means that we believe your past record shows you are capable of satisfying the demands of the challenging S&T curriculum. Although your ability and academic background play a role in your success at S&T, more depends on the efforts you make to master the material and your willingness to ask for help when you need it.

S&T faculty and staff want to help you be successful. That’s why we have one of the highest retention rates of ANY public university in the country.

What will college be like?
Each student’s college experience is unique. In addition to joys and triumphs, you’ll face many challenges. After all, going to college is a major life transition. Whether you move away from home or continue living with family, you’ll assume greater responsibility for yourself, meet new people, and adjust to the academic demands of college. These challenges can be exciting and fun, but are sometimes frustrating and unsettling.

If you find yourself struggling to get along with your roommate, manage your time, do well in a class, or make a tough choice, remember – it often helps to discuss your thoughts with someone else.

Ask for help – advisors, instructors, counselors, residence hall assistants, success coaches, mentors and parents are available to help you.

Taking personal responsibility for achieving your goals is the key to success. In college you have more freedom. It will be your responsibility to determine what actions will move you toward your goals.

Behaving consistently in a positive way will promote your progress. Make sure to keep an eye on what you’re doing and where your actions are leading you.

A final key to being successful involves striving for balance in your life. Finding the optimum mix of work and play will make you happy. Know your priorities, respect your limits, but don’t limit possibilities and keep life in perspective.

Demonstrating Leadership
With more than 65 degree programs, S&T focuses on developing leaders for a technological society.

Benefits to Students
Missouri S&T’s unique blend of engineering, science, business and the social sciences allows students to integrate technical, personal and interpersonal competence to develop a firm foundation for success. Students participate in activities in and out of the classroom, through recognized student organizations, community participation, living units and design teams that provide experiences designed to complement the educational experience and prepare them for life after college.

Service Learning and Community Service
Missouri S&T is committed to contributing to the betterment of our local, surrounding and global communities. You’ll have many opportunities to become actively engaged through service events and partnerships between community organizations and the university.

Some S&T courses go beyond traditional classrooms with academic service-learning projects. You’ll have the opportunity to work directly with community organizations (such as Habitat for Humanity, Boys and Girls Town of Missouri or the National Audubon Society) and businesses as part of your coursework.

Interpersonal Skills
Missouri S&T provides a variety of curricular and co-curricular experiences to help students understand interpersonal and organizational systems while developing skills necessary for professional success.

Team projects are included in numerous classes, while “Writing Across the Curriculum” services help faculty integrate writing, oral communication skills and development activities into their classes. Seeking out additional opportunities to work in teams and actively developing communication skills can greatly enhance a student’s employability and leadership capacity, as employers consistently emphasize the importance of interpersonal competence.

Study Abroad
studyabroad.mst.edu
Missouri S&T offers study abroad opportunities in more than 45 countries. Students may enroll in full-time academic programs abroad for a semester or a full year. Other educational fees are the same as S&T’s on-campus fees.
S&T participates in the Missouri-London and Missouri-Greece programs. Short-term summer exchanges are also available with S&T partner universities in China, Sri Lanka, Australia and South Africa.

Contact a study abroad advisor for more information.

Hit The Ground Running (HGR)
ugs.mst.edu/hgr
HGR is a three-week summer learning program that offers new students an exciting perspective on learning to sharpen and enhance their academic skills. HGR is a great way for new S&T students to learn about coursework expectations, campus life and community involvement.

Participating students take courses in chemistry, math and English for a 3-hour course credit, learn about research and leadership opportunities, and participate in team building activities and field trips.

2014 HGR dates available online after March 1.
Register for Hit the Ground Running at PRO. If you decide to register for HGR after attending PRO, register at ugs.mst.edu/hgr or call 573-341-7276.

Chancellor’s Leadership Academy
cla.mst.edu
The Chancellor’s Leadership Academy (CLA) is a year-long unique leadership experience designed to provide students with opportunities to develop and practice the skills, values and knowledge of effective leadership. Students attend a weekly class which occasionally includes dinner engagements with the Chancellor and a Missouri S&T alumni corporate representative.

Students are selected based on academic merit, leadership, community service and extra-curricular involvement. In order to be eligible, domestic students must apply during the fall semester of their freshman year and undergraduate international students must apply within the first 3 semesters of enrollment at the university.

CLA participation begins each spring and ends at the conclusion of the following fall semester.

ROTC Leadership Programs
armyrotc.mst.edu & afrotc.mst.edu
Get leadership training and receive a valuable education by joining the U.S. Air Force or Army ROTC. Participants are commissioned as officers after graduation and can earn money for college. S&T also has programs with the U.S. Navy, including the Nuclear Propulsion Officer Program for nuclear engineering students. You can take ROTC courses for up to two years without making any kind of commitment to the military.

Honors Academy
ugs.mst.edu/honors.html
The Honors Academy is a community of outstanding scholars seeking an enhanced educational experience. Students who are eligible to participate will receive an invitation for the program after admission to the university.

Incoming Freshmen are eligible to apply if:
1) Mn 29 ACT / 1440 SAT CR+M and
2) Top 10% high school class rank or min 3.5 GPA.
An Honors Academy student who maintains a 3.5+ GPA and has at least 15 credit hours of “Honors” classes will earn the distinction of “Honors Academy Fellow” on their diploma, transcript and the Commencement program.
Academic Assistance

There are many sources of academic assistance at Missouri S&T that students can access to improve their proficiency with course material and learning processes. Professors can clarify concepts or refer students to peers or resources that can provide academic assistance.

Counseling, Disability Support & Student Wellness Center
counsel.mst.edu || dss.mst.edu || studentwellness.mst.edu

Personal counseling is available to S&T students free of charge on a time-limited basis. Confidential services are provided by professionally trained and licensed counselors and psychologists. Some students seek support as they adjust to college life, explore family or relationship situations, or to reduce feelings of depression or anxiety. Others wonder about the choice of academic major or professional goals. Still others struggle with issues such as motivation, procrastination, or test anxiety that interfere with academic success.

Staff members collaborate with students to help clarify and address issues, support existing strengths and arrange referrals when appropriate. The Van Matre Resource Center offers excellent self-help materials covering a wide range of topics available for checkout. Student Wellness provides students education, information and resources on: Alcohol & Other Drug Prevention; Stress Management & Mental Health Promotion; Violence Prevention; Healthy Relationships & Sexual Health; Healthy Eating; Physical Activity; & Sleep. Student Wellness promotes healthy behaviors to foster a campus environment conducive to academic, professional, and personal success by addressing both individual and environmental influences on health and well-being.

Disability Support Services provides academic accommodations for students with disabilities in order to provide equal access for educational opportunities. Services available to qualified students can include classroom adaptation, alternative testing and assistive technology. If you have a documented disability, please contact DSS to request accommodation services. More information can be found at dss.mst.edu.

Testing Center
testcenter.mst.edu

The Testing Center provides the campus with a variety of testing programs including College Level Examination Program (CLEP), distance education online tests and national/professional certification testing. A range of personality, interest, and skill assessment instruments are available to assist Counseling Center clients with personal, academic, and career concerns. Testing accommodations for self-identified students with a disability are also available.

Math Help
math.mst.edu

Can’t get your trigonometric equations to inverse or having trouble determining your determinates? Get help finding the solution in the Math Help program offered by the Mathematics and Statistics Department.

Math Help offers academic assistance in ten courses. Every weekday you can find trained graduate students at the tutor room and other locations across campus—to help you comprehend your math homework and class discussions. Visit math.mst.edu to find the Math Learning Center schedule and location.

Learning Enhancement Across Disciplines
lead.mst.edu

The LEAD program offers learning forums for students who wish to improve their understanding of concepts and their mastery of skills in a wide variety of foundational courses.

Student-oriented learning centers are staffed by discipline-based faculty and accomplished undergraduate peer learning assistants who guide students in the learning process within an atmosphere of cooperative engagement and teamwork. Drop-in peer tutoring is also provided for students who are more responsive to individualized or small-group learning environments.

Writing Center
writingcenter.mst.edu

Missouri S&T’s Writing Across the Curriculum program is based on the idea that writing well is a developmental process, not a simple skill that can be learned in one semester or course. Furthermore, S&T alumni often emphasize that graduates must have solid communication skills—particularly writing skills—to succeed in today’s workforce. For these reasons, S&T has implemented the Academic Alert System.

The purpose of an Academic Alert is to improve the overall academic success of students by improving communication among students, instructors and advisors in cases where students are not meeting academic course requirements.

When an Academic Alert is initiated, an email is immediately sent to the instructor, the student and the student’s advisor. Students may receive an Academic Alert for things like failing to turn in homework, sleeping class or poor grades on an exam. If the student fails to open the alert within one week, an additional email notification is sent to the advisor. If a student does not take action as recommended by their academic advisor, regular electronic communication of this nature continues until the alert is closed out by the advisor or instructor.

Your Academic Advisor

Your academic advisor plays an important role in your success. He or she helps you select courses each semester, evaluates your academic progress, resolves any academic performance problems and helps you explore career options.

If you have concerns about any aspect of the university, your advisor can guide you to the proper resources. Developing a professional relationship with your advisor is important.

As the student, you are responsible for initiating and maintaining regular contact with your advisor. Meetings with a clear purpose promotes the best interactions. However, occasional visits for casual conversation will help you and your advisor become acquainted. An advisor who knows you well might even serve as a future job reference.
May I change my mind about where and with whom I live?

You may change your request regarding living in any of the residence halls or Greek houses. Once you have been assigned residence hall space, you are permitted to change rooms after the third weeks of classes. Contact the Residential Life Office to check on space availability and to complete necessary paperwork. University-approved housing options share an agreement to facilitate room changes between residence halls and fraternity and sorority houses.

Residence Halls

S&T’s residence halls are Thomas Jefferson (“TJ”) and the Residential College (“the Res College”). Room assignments are available on JoeSS in mid-July. Your room assignment will include a link to access your campus mailing address as well as your roommate’s name, email and phone number.

Christian Campus Houses

web.mst.edu/~ccf

The two Christian Campus Houses provide university-approved housing for male and female students and are located close to campus.

Fraternities and Sororities

studentlife.mst.edu/greek

Of S&T’s 28 Greek Chapters, 22 offer university-approved housing with resident capacities ranging from 20 to 100. More than 800 men and 100 women live in a chapter house, which average approximately 35 members each. There is no additional fee for moving into a fraternity or a sorority house, however, rates for rooms and board vary with each house and are subject to change. Specific questions pertaining to costs associated with Greek residencies need to be addressed with each respective chapter. Fraternities and sororities issue invitations for membership, often called “bids.” When you accept an invitation to membership, you signify that you are joining that particular fraternity or sorority. Although you have the option of living in a chapter house as a freshman, accepting a bid does not obligate you to do so.

Opportunities for women to participate in Formal Recruitment are available during Opening Week Orientation. Freshmen male students have the option to move directly into fraternity houses. All men interested in joining a fraternity – but unsure of their options and preferences – are encouraged to complete a Residential Life Housing Interest form to ensure housing will be provided to them in the fall.

Living/Learning Communities

Housed in TJ, Voyager is a one-year residential learning community for first-year students at Missouri S&T. The Voyager program helps new students adjust to college life by providing a community in which students live together and learn together.

The Residential College is an integrated living/learning center. Programs offered are specifically designed to help promote social connections, academic success and professional development. LEAD sessions and various leadership and professional development opportunities are facilitated through Student Affairs, Residential Life and other campus offices.

Holistic Community

S&T’s Holistic Community members strive to maintain balanced, healthy lives by focusing on key wellness dimensions, including: physical, intellectual, emotional, spiritual, social, vocational, and environmental. Community members agree to refrain from any activities that involved tobacco, alcohol, or controlled substance use. In addition, in this quiet community, there are limitations on the type and nature of materials that are displayed in hallways and common areas.

Bringing a Computer to S&T

It.mst.edu 1mastbookstore.com

S&T has over 30 campus computer labs (CLCs) and laptop checkouts are available for student use in the library. Specialized software you may need is also available at CLCs. However, over 90% of new students bring a computer with them to S&T. Consider purchasing your computer through the S&T Bookstore to receive educational discounts on hardware and software as well as warranties that can be serviced on campus. Walk-in IT help is available at the library for computers purchased at the S&T Bookstore.

If you choose to purchase your own computer, recommended hardware specs are online at it.mst.edu. Trouble-shooting and technical assistance for personal devices is available through the IT Helpdesk.
Campus Services

Accessing Your Computer Account
Every student has access to a campus email address, secure wireless internet, 25GB of network storage, web apps and more. Your S&T Username allows access to campus computer resources like JoeSS, Blackboard and campus computer labs (CLCs). You received a Username and password via email when you were accepted for admission to S&T that allows you to access JoeSS. Once logged in, you will need to reset your password.

If you’ve forgotten your password or want to reset it, visit the “Forgot Your Password” link at joess.mst.edu or call the IT Help Desk at 573-341-4357 (HELP).

Student email it.mst.edu
University email is the official channel of communication with students, faculty and staff. For info about how to activate your official university email account, visit the student email section of it.mst.edu. Check your university email account frequently throughout the summer to receive updated information concerning Opening Week, Move-in and financial information.

Joe’Ss
joess.mst.edu
“Joe’s Self-Service” (Joe’Ss) is S&T’s online Student Information System. Joe’Ss provides access to update student information, unofficial transcripts, grades, course scheduling, fee statements, scholarship and financial aid information and more.

The Miner Card
pro.mst.edu
The Miner Card, your campus ID, is required for all students. Your Miner Card features your name, photograph, signature and emergency contact phone numbers. Your student and campus information is encoded on your card. Treat your Miner Card with the same care as you would an ATM or credit card. Your Miner Card can be used at the S&T Bookstore and Library, for access to buildings, for on-campus dining, entities you to sporting and theater special events, gets you discounts at restaurants, local businesses and more. Lost or found Miner Cards should be reported to the ID Office in 100 Centennial Hall.

Safety
police.mst.edu
Students at S&T enjoy a relatively safe campus environment; however, crime does occur. Crimes of opportunity (stealing laptops and other items left out in common areas or unlocked rooms) occur most often. S&T’s police department is accredited by the International Association of College Law Enforcement Administrators and has state-commissioned offers which provide many services for the campus community. One service is a safety escort for students who do not wish to walk on campus or return to their place of residence at night alone. In addition, security guards and campus service officers regularly patrol public areas. Emergency telephones, located at various locations around campus, provide an immediate connection with S&T Police.

Parking
police.mst.edu
Students may bring a vehicle to campus. All S&T parking lots (including residence halls) require a paid parking permit purchased through Parking Lots Operations. Parking is not included with housing costs nor is it a guaranteed space.

Before you bring a car to campus, review the parking lot map as well as rules and regulations on the website. All students must sign into the online waiting list to request a permit through police.mst.edu. The wait list opens May 1 and permits are issued starting in August. Parking meters are also available in most parking lots with specified payment.

Campus Emergency Alert System
Options to receive text message or voicemail alerts in the event of a campus emergency. After logging into JoeSS at joess.mst.edu, look for the “Emergency Mass Notification” link in the left side menu to sign up for the service, or update your contact information.

Why should you opt-in to the emergency alert system?
• You’ll receive emergency news and updates regardless of where you are on or off campus
• The system is used ONLY for true emergencies (natural disaster; human or technological crisis); and once a semester for a system test
• The service is free, but your cell carrier’s rates for text and incoming calls will apply.

You can update your contact information anytime at joess.mst.edu. Your contact information is kept secure and confidential and will NEVER be used to spam you.

Confidentiality Policy
registrar.mst.edu/ferpa
In accordance with the Family Education Rights and Privacy Act of 1974 (Buckley Amendment), Missouri S&T restricts release of a student’s educational records to directory information only. A student has the option to also restrict the release of directory information.

Missouri S&T designates as “directory information / public information” the following: student name, email address, address (including local and permanent addresses), telephone, major field of study, participation in officially recognized activities and sports, dates of attendance, degrees and awards received, the most recent previous educational agency or institution attended by the student, student level and full- or part-time enrollment status.

Additional information about the guidelines governing the protection of the privacy of student records can be found in the Undergraduate Catalog, Student Academic Regulations, or online at registrar.mst.edu.

Additional Authorized Access (AAA)
registrar.mst.edu
Missouri S&T students can grant other users direct and authorized online access to their student information in JoeSS, which may include:
• Student Account Information - Grants access to view current and past charges
• Academic Information - Grants access to view Class Schedule, Grades, and Transfer Credit Information
• Directory Information - Grants access to view address, e-mail, and phone information.
• Financial Aid - Grants access to view financial aid information. This includes information about awards, loans, scholarships, fellowships and work study jobs that you have received or have been offered. If you have applied for financial aid, it includes information about the status of your application.

Student Health Services
studenthealth.mst.edu
Student Health is designated as an acute care and intermittent health clinic and offers a wide range of primary health care for S&T students. We recommend that all students have health insurance. An optional student group plan for accident and sickness insurance is available. For more info regarding immunization policies for Measles & Rubella, Meningitis, and Tuberculosis contact Student Health Services at mstshs@mst.edu.
People, Places and Campus Involvement

Career Opportunities and Employer Relations

Learn more online:
• Cooperative program (co-op)
• Schedule of activities
• Career Fair tips
• Minijobs
• Workshop schedule

Career Opportunities and Employer Relations (COER) is the bridge between employers, students, and alumni of S&T. Professional staff ensure that students and employers are successful in their career and hiring needs.

Because employers often hire graduates with prior work experience, many S&T students obtain summer internships or co-ops in their field of study. Two career fairs are hosted each year where hundreds of recruiters come to campus to talk face-to-face with students about co-op, internship and full-time job opportunities. Here they also accept students’ resumes. Also, requesting employers are provided with resume referrals at any point during the semester.

Looking for a job?

career.mst.edu

Many students pursue on-campus jobs while they’re in school to provide extra spending money, gain professional experience and build their resume. You might work in the library, for IT as a computer assistant, as a student ambassador or PRO Leader, in an office setting, or many other exciting places.

Part-time on-campus employment opportunities are posted online at the COER website. Check the site often, it changes every day.

Some faculty members also hire undergraduates to work in research labs on grant-funded projects.

Student Diversity Programs

sdowp.mst.edu

• American Indian Science and Engineering Society
• National Society of Black Engineers
• Society of Hispanic Professional Engineers

Student Diversity Programs (SDP) actively assists in supporting and retaining students from ethnic populations that are historically underrepresented in science, technology, engineering and math careers. SDP’s ultimate goal is to create an environment that provides the development, guidance and academic support needed to be successful at S&T.

The office also helps promote awareness about diversity-related issues to the campus community.

Women’s Programs

sdowp.mst.edu

• Society of Women Engineers
• Women in Science and Engineering

Women’s Programs helps students excel. As part of Women’s Programs, the Women in Science and Engineering (WISE) program coordinates scholarships for women majoring in the sciences, math, computing and engineering and provides mentoring and networking opportunities. The student chapter of the Society of Women Engineers offers opportunities to interact with practicing engineers and meet with other engineering students. A Women’s Speakers Bureau is available to all campus groups.

Havener Student Center

havener.mst.edu

The Havener Center—S&T’s student and community center—is the ‘living room’ of the campus. Havener offers a food court, bookstore, lounge and study space, meeting and conference rooms and offices/工作spaces for nearly 200 student organizations.

Performing Arts and Cultural Events

lprograms.mst.edu

Missouri S&T offers a wide variety of opportunities for enjoyment and participation outside of classes. Many musical performing groups are available for singers and instrumentalists who play bowed strings and wind instruments. S&T’s theater program presents one major production each semester, several one-act plays and improvisational comedy. Hit movies and international films are shown throughout the academic year. Small and large concerts, concerts and other entertainment are coordinated by students.

Leach Theatre

leachtheatre.mst.edu

Leach Theatre, located in Castleman Hall, offers S&T students world-class entertainment.

The Campus Performing Arts Series (CPAS) and Remmers Lecture Series bring in symphonies, lectures, solo artists, live theater, Broadway touring shows and dance troupes to the Leach stage. All Campus Performing Arts Series performances are free to the first 75 students presenting an S&T student ID.

The Leach Family Series offers presentations and performances of interest to S&T students. The Leach Special Events Series offers discounted ticket prices for students to performance artists, musical groups, solo artists and theater groups.

Athletics and Recreation

sports.mst.edu

Missouri S&T offers 14 NCAA Division II varsity sports. Campus sporting events provide a great opportunity for students and the entire community to promote pride, unity and team spirit for the Miners. S&T offers 20 intramural sports, aerobic classes and many informal recreational activities to encourage fun and fitness at the new Fitness Center. Outdoor equipment is also available for rent to students interested in exploring the many beautiful rivers, state parks and national forests of Missouri.

Information on city services such as parks, hiking/biking trails, tennis, skate parks, The Centre, community events and more is available at rollicity.org.

Student Activities

studentlife.mst.edu

Located in the Student Involvement and Leadership Center (SILC), Student Life provides developmental resources, administrative support and advocacy to more than 200 student organizations. Numerous campus activities are offered daily to enrich the student experience and contribute to an inclusive campus community.

For more info visit the Student Life website or stop by 218 Havener Center.

Student Council

stuco.mst.edu

Student Council is the primary governing body for the students of S&T. There are many opportunities to participate in varying levels of leadership:

• Be a student representative
• Serve on the executive committee
• Be an elected officer

All students are encouraged to consider becoming a part of Student Council.

Curtis Laws Wilson Library

library.mst.edu

Wilson Library provides access to a variety of research materials and e-resources. Our librarians will assist you in finding the sources you need to complete your assignment. Also, in-depth help, you can schedule an appointment for a one-on-one research consultation with a librarian to learn all the ins and outs of using the library’s resources for a successful research project.

The library is a campus gathering spot, with coffee, meeting rooms, quiet spaces, and technology support.

Volunteerism and Services

studentlife.mst.edu/volunteer

The Office of Volunteerism and Involvement works to provide students an opportunity to have a positive impact on social issues within the community through service.

Participation in volunteerism demonstrates civic engagement and commitment to one’s community—an important part of your personal and professional development.

Students can learn more about service opportunities by signing up for the volunteerism listserv, checking out the website or visit Student Life in room 218 Havener Center.

Undergraduate Research

ugs.mst.edu

Experiential learning is an essential aspect of Missouri S&T’s unique learning environment. Undergraduate research is a core component that provides students with out-of-classroom learning experiences that apply classroom knowledge to solving real-world problems.

As new freshmen, Missouri S&T students are introduced to undergraduate research programs through introductory courses and seminars.

First-year students learn about research opportunities through a variety of means, including interactions with faculty in their departments and interactions and involvement with peers who participate in undergraduate research programs at Missouri S&T.
Students can choose from several combinations of housing and meal plans. Some common options are outlined below. All room and board options are outlined at reslife.mst.edu. S&T has a residency requirement for new students living on campus; details are outlined at reslife.mst.edu.

**Cost of Education**

Direct Costs for Undergraduate Students | Fall 2013–Spring 2014

Fall 2014 semester fee schedule is not available until April 2014. It will be posted at sfa.mst.edu once approved by the UM System Board of Curators.

### First-time Freshman

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### Direct Costs for Undergraduate Students | Fall 2013–Spring 2014

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**Supplemental Course Fees** are charged to students enrolled in specific courses. Above estimate is a representation of typical freshman coursework. More at cashier.mst.edu.

**Required Fees** includes Information Technology Fee, Activity/Facility Fee, and Health Services Fee. More at cashier.mst.edu.

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Parenting a New College Student

What's it like emotionally for first-year students?

First-year students may initially experience some fairly intense and varied feelings – enthusiasm, anxiety, loneliness and delight. It is normal to feel extremely excited one week and discouraged the next. While adjusting to a new academic atmosphere and new living situation, students must re-establish a sense of security and identity in their environment. As students work through this process, some may experiment with “extremes” before reaching a solid middle ground. For example, when leaving home, your son or daughter might call home quite often or might want very little contact with family. Parents and students should strive to reach a compromise that satisfies both parties.

What reactions am I likely to experience during the first year?

As a parent, you may experience both pleasant and uncomfortable emotions during this period of change. Some of these feelings may be tied to concerns about your daughter or son, while others may relate to aspects of your own life. You may find yourself re-examining your career goals, relationships and use of leisure time. This time of transition for both parents and students often requires developing a healthy adult-to-adult relationship with your son or daughter who is entering college. Everyone involved tends to adjust best with a support system to help meet the challenges. Remember, reflect and re-focus on the student and the student’s needs. It is helpful to discuss how changing perspectives will be handled ahead of time so that initial visits home are not times of excessive conflict. Acknowledging your needs is as important as responding to the needs of your son or daughter.

What can I do to help facilitate my son or daughter’s transition to college?

First-year college students often seek parental support and encouragement. Some students call or visit home seeking approval of their decisions, or may even request that important decisions be made for them. You can help by encouraging them to weigh pros and cons and by leaving the final decision up to them. Parents can show support by trusting the student’s ability to decide and handle the consequences (both positive and negative). Students develop by improving their capacity to make sound decisions and by being responsible for their own actions. You might consider resisting any urge to “bail out” your college-age student from the natural consequences of his or her decisions or actions. Help your student focus on the new knowledge that negative consequences can provide. If your student needs help, suggest that he or she seek assistance on campus.

How can I help if my son or daughter has difficulties?

There is help available on campus for most concerns that your student may face. The challenge for many high-ability students (who did not need assistance in high school) is to take the initiative to seek assistance. Parental concern in the form of demands or criticisms doesn’t help meet the challenges. Remember, re-focus and re-direct your student from the natural consequences of his or her decisions or actions. Help your student focus on the new knowledge that negative consequences can provide. If your student needs help, suggest that he or she seek assistance on campus.

What should I keep in mind when communicating with a college student?

It will be important to shift from “parent-to-child” interactions to “adult-to-adult” communications. When new students are at school, parents usually have minimal input into their curfews, discipline, personal grooming, use of time, social activities, choice of friends, room decor, volume of stereo, eating patterns, dating habits, or time spent on homework. A predictable conflict for you and your student may be when she or he visits home and wishes to maintain these or other freedoms. It is helpful to discuss how changing perspectives will be handled ahead of time so that initial visits home are not times of excessive conflict. Acknowledging your needs is as important as responding to the needs of your son or daughter.

A Parent’s “To-Do List”

1. Expect change – but not too much. This natural process is often frustrating. Be patient. Your student will remain the same person.

2. Don’t ask, “Are you homesick?” The first few activity-packed weeks require new students to concentrate on meeting new people.

3. Write – even if you don’t get return mail. Even if your student seems to have forgotten how to call or email, she or he will greatly appreciate notes and news from home.

4. Ask questions – but not too many. Students still desire the security of knowing their family is interested. Honest inquiries and mature communication can satisfy the relationship gap.

5. Keep panicky phone calls in perspective. When troubles become too much, students dial home. While you may feel lousy with worry, talking works wonders.

6. Visit occasionally. Although they may only admit it with reluctance, students appreciate visits by parents (especially to shop or eat out). Homecoming is a perfect time to visit.

7. Don’t tell your student... “These are the best years of your life!” The first year in college can be full of indecision and insecurity, disappointments and mistakes. Support and encourage your student.

8. Trust your student. It’s tough enough to step up to the plate as a student without your parents doing the same. Give them your respect.

Parent and Family Involvement

Family support and encouragement are crucial to the growth, development and success of students during their college years. As part of the S&T family, we want to be your partner in supporting your student at Missouri S&T. An integral part of this process is encouraging students to articulate their own needs and concerns. Although S&T students are legally adults, parental involvement in the lives of their students is encouraged. Faculty and staff treat students accordingly and work in partnership with parents, as appropriate, to foster student success.

Families are invited to campus at any time and programs are organized throughout the year by living units, athletic teams and other student organizations that are geared toward families.

Homecoming Parents Reception: Homecoming is a family event at S&T and everyone is invited!

Parent Connection: This newsletter provides news and updates about the campus.

Stay Connected

• Email: parents@mst.edu
• Twitter: MissouriSandT
• Web: parents.mst.edu
• Google Groups: Missouri S&T Family Connection
• Facebook: Missouri University of Science and Technology

Resources

• Web: College Parents of America, www.collegeparents.org
• S&T New Student Programs: pro.mst.edu

Books:

• Letting Go: A Parent’s Guide to Understanding the College Years. — Karen Levin Coburn and Madge Lawrence Treager
• Don’t Tell Me What To Do, Just Send Money. — Helen Johnson and Christine Schelhas-Miller
• When Your Kid Goes to College: A Parent’s Survival Guide. — Carol Burling
• You’re On Your Own, But I’m How If You Need Me. — Marjorie Savage

Questions to ask your student

• Are you going to class? Sleeping?
• Are you studying about 3 hours per credit hour?
• Are you scheduling “fun time”?
• Starting homework early?
• Have you visited your professor’s office hours? Visited your advisor?
• Are you using academic resources? (LEAD, Math Help, tutoring, & Student Success Center, etc.)
• Are you reviewing material before and after class?
• Found a study group for difficult classes?

Parents.mst.edu
### Directory

<table>
<thead>
<tr>
<th>Departments</th>
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<tbody>
<tr>
<td>Administration.</td>
<td>4114</td>
<td>206 Parker Hall</td>
<td>Chancellor, Cheryl B. Shrader</td>
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<tr>
<td>Academic Affairs</td>
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<td></td>
<td><a href="mailto:chancellor@mst.edu">chancellor@mst.edu</a></td>
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<tr>
<td>Air Force ROTC</td>
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<tr>
<td>Arts, Language &amp; Philosophy (and performing arts)</td>
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<tr>
<td>Biological Sciences</td>
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<td>Dr. Lances Harvey</td>
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<tr>
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<td>Civil, Architectural &amp; Environmental Engineering</td>
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<td>Dr. William Scherberg</td>
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<tr>
<td>Computer Science</td>
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<td>Dr. Kip Dace</td>
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<tr>
<td>Electrical &amp; Electronic Engineering</td>
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<td>Dr. Kevin Erickson</td>
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<td>Dr. Greg Gelles</td>
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<td>Dr. Dave Britton</td>
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<td>English &amp; Technical Communication</td>
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<td>Dr. Kristine Swanson</td>
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<td>History &amp; Political Science</td>
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<td>Dr. L. Gragg</td>
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<td>Materials &amp; Science &amp; Engineering</td>
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<td>Dr. Stephen L. Clark</td>
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<td>Diversity &amp; Pre-College Programs (summer camps)</td>
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<td>Miner Card II Office</td>
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<td>Registrar’s Office</td>
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<td>Athletics, Intramurals &amp; Rec. Center, Bookstore</td>
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<td>Leadership and Cultural Programs</td>
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<td>Greek Life (families and sororities)</td>
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<td>Lesbian Theatre</td>
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<td>Residential Life</td>
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<td>LEAP Program</td>
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<td>Student Design Center</td>
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<td>Teacher Education Program</td>
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<td>Other Contacts</td>
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<td>Cather’s Office</td>
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<td>Library &amp; Learning Resources</td>
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<tr>
<td>University Police &amp; Parking</td>
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</table>

### All campus phone numbers are (573) 341-XXXX. In case of an emergency please contact: University Police at 534-4300.

### Living Units

<table>
<thead>
<tr>
<th>Fraternities</th>
<th>Phone</th>
<th>Location</th>
<th>Chair / Director</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALPHAPSI</td>
<td>364-7176</td>
<td>10th St. Residence Community</td>
<td></td>
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<tr>
<td>ALPHAPSI ALPH</td>
<td>364-8284</td>
<td>1006 Rolla St.</td>
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<tr>
<td>ALPHAPSI ALPH ETA</td>
<td>341-6836</td>
<td>341-8575</td>
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<tr>
<td>BETA SIGMA PSI BETA</td>
<td>364-8796</td>
<td>TAULA KAPPA Epsilon</td>
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<tr>
<td>DELTA SIGMA PHI ETA</td>
<td>364-4841</td>
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<td>KAPPA ALPHA ETA</td>
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<td>ZETA TAU ETA</td>
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</table>

### Greek Life Office

For general questions related to fraternity and sorority, contact 218 Havener Center 341-4329.

### Residence Halls

| Miners Village                      | 341-8780    |                                   |                                   |
| QUADRANGLE                          | 341-6456    |                                   |                                   |
| RESIDENTIAL COLLEGE                 | 341-6456    |                                   |                                   |
| THOMAS JEFFERSON                    | 341-4895    |                                   |                                   |

### Religious Organizations

- **All Nations Christian Fellowship**: 341-6170
- **Baptist Student Union**: 341-3354
- **Campus Crusade for Christ**: 341-3367
- **Christian Science Organization**: 341-4425
- **Common Call Campus Ministry**: 341-4106
- **Fellowship of Christian Athletes**: 341-4068
- **Koinonia Christian Fellowship**: 341-3848
- **Latter-day Saint Student Fellowship**: 341-3852
- **Muslim Student Association**: 341-4068
- **Rolla Area Chamber of Commerce**: 341-3852
- **Soil Association of All Nations Christian Fellowship**: 341-4914
- **The Vine**: 341-4923
- **The Navigators**: 341-4923
- **Voices of Inspiration**: 341-4923

### Religious Organizations

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| **The Vine**                         | 341-4923 |
| **The Navigators**                   | 341-4923 |
| **Voices of Inspiration**            | 341-4923 |

For local church, mosque and synagogue information contact the Rolla Area Chamber of Commerce at www.rollercham.org.
Packing List

This list serves as a guide to help you avoid last-minute rush when you pack. It is developed from the user’s typical needs. This list can be added and subtracted according to personal preferences and needs.

Missouri S&T
Shoes/Socks
Pencil Sharpener
Toothbrush/Paste
Underwear
Duffel Bag or Travel Bag
Soap
Dish Washing Soap
Spare Glasses
Surge Protector
Small Mirror
Clothes
Kitchen Utensils
Slippers
Lotion
Can Opener
Razors/Shaving Cream
Swimming Suit
Spare Light Bulb
Sunglasses
Movies/DVDs
Memo Board with Pen
Coat/Jacket
Blanket/Pillow
Sewing Kit/Safety Pins
Backpack
Shower Caddie
Poster Tacks
Air Freshener
Address Book
Pens and Pencils
Small Lamp
First Aid Kit
Stapler/Staples
Camera
Envelopes
Driver’s License
Napkins/Paper towels
Phone/Phone Charger
Comb/Brush
Glue/Rubber Cement
Key Ring
Robe
5-Port Switch
Calendar/Organizer
Pajamas
Flashlight
Tissues
Shampoo/Conditioner
Alarm Clock
Padlock with Key
Laundry Bag/Basket
Hat/Gloves
Contact Lenses/Supplies
Calculator
Belts
Class Schedule
Batteries
Key Fob
Athletic Wear
Shower Shoes
Documents
Class Schedule
Miner Card Student ID
Driver’s License
Social Security Card
if you plan to work, your original social security card is necessary to complete paperwork.

Clothes
Athletic Wear
Belts
Clothes
Coat/Jacket
Hat/Gloves
Pajamas
Rohe
Shoes/Socks
Shower Shoes
Slippers
Swimming Suit
Sunglasses
Underwear

Desk Supplies
Address Book
Backpack

Bullets Board
Calculator
Calendar/Organizer
Envelopes
Glue/Rubber Cement
Highlighters
Memo Board with Pen
Paper/Notebooks
Paper Clips
Paper Punch
Pencil Sharpener
Pens and Pencils
Postage Stamps
Poster Tacks
Scissors
Small Lamp
Spice Light Bulb
 Stapler/Staples
Tape

Linen Supplies
Blanket/Pillow
Dryer Sheets
Quarters (for laundry)
Laundry Bag/Basket
Laundry Detergent
 Towels/Washcloths
Twin Sheets (extra-long)

Personal
Comb/Brush
Contact Lenses/Supplies
Deodorant
First Aid Kit
Lotion
Nail Clippers/File
Prescription Medicine
Razors/Shaving Cream
Shampoo/Conditioner

Shower Caddy
Small Mirror
Soap
Spare Glasses
Sunscreen
Tissues
Toothbrush/Paste
Tweezers

Miscellaneous
Air Freshener
Alarm Clock
Batteries
Board Games
Camera
Can Opener
Checkbook/ATM Card
Cleaning Supplies
Cups/Plates/Bowls
Dishwashing Soap

Duffel Bag or Travel Bag
Flashlight
Garbage Bags
Hangers
Iron
Key Ring
Kitchen Utensils
Movies/DVDs
Napkins/Toilet Paper
Padlock with Key
Photography
Playing Cards
Screwdriver/Hammer
Sewing Kit/Safety Pins
Small Fan

Technology
Phone/Phone Charger
Jump Drive/Flash Drive
Radio/Headphones/iPod
Surge Protector
*Port Switch
*students cannot bring wireless routers to campus

Show Your Miner Pride

You’re about to embark on your college journey. You worked hard, studied and are now a serious student. These traits have helped you get to where you are today; about to be a new student at one of the most respected technological universities in the world. Be proud of your accomplishments!

• Wear your St. Pat’s green on Fridays
• Attend sports games, campus events and concerts
• Get an S&T decal for your car window
• Wear an S&T t-shirt when you visit home
• Join a campus or community organization
• Keep campus clean, recycle and respect university property
• Get involved in activities you enjoy

2014-2015 Academic Calendar
registrar.mst.edu/calendars

August
16 "Move-In" day and last PRO session
17 Opening Week orientation begins
21 Transfer Transitions orientation
22 Opening Week orientation ends
25 Classes begin

September
1 Labor Day holiday
October
18 Mid-semester
November
23 Thanksgiving vacation begins
December
1 Thanksgiving vacation ends and classes resume
12 Last class day
19 Final exams begin
19 Final exams end and fall semester closes
20 Commencement (graduate and non-engineering undergraduate)
20 Commencement (engineering undergraduate)

January
19 Martin Luther King Jr. holiday
20 Classes begin

March
12 Spring recess begins
14 Mid-Semester
16 Spring recess ends and classes resume
22 Spring break begins
30 Spring break ends and classes resume

May
8 Last class day
11 Final exams begin
15 Final exams end and spring semester closes
15 Commencement (graduate and non-engineering undergraduate)
16 Commencement (engineering undergraduate)

Advising Checklist

On your PRO Day:
1. Has your advisor signed your schedule?
2. Are you signed up for one of the seven workshops during Opening Week Orientation, August 18-22, 2014 (Chem 4, Trig Review, Problem Solving, Lead Out Loud, CPS, Brush, Creative Communication)?
3. If you were placed in the Problem Solving Workshop or Trig Review have you signed your agreement with your advisor? If you do not understand the importance of this agreement, be sure to ask your advisor.
4. Have you identified sections of courses using class numbers to speed up data entry?
5. If courses have limited space remaining, has your advisor approved alternative course selections, in the appropriate columns on the advisor/student scheduling agreement?
6. If you are enrolled in both, Math 4 and Math 6 you must select the same sections of the course: e.g. Math 4A and Math 6A.
7. Have you changed majors? If yes, complete a "Request to Change Major Form" and returned to Patty Frisbee or your academic advisor.
8. Bring your Trial Schedule and your Scheduling Agreement to the Registrar’s Office. Please note: we appreciate your understanding that guests are not allowed in the Registrar’s Office.
9. If you are interested in the following programs, don’t forget to add to your schedule before you go to the Registrar’s Office: (Registration info on the first two pages of your schedule.)
   • “Hit the Ground Running” summer program
   • Voyager program
10. Don’t forget to go to Parker Hall and register for classes!

We hope you enjoyed your day!
Notes:

before you leave PRO, have you...

- Registered for fall semester classes?
- Selected and signed up for an Academic Workshop during Opening Week?
- Visited IT to activate your Joe’Ss & email accounts?
- Obtained your Miner Card ID (student ID)?
- Visited various university-approved housing options?
- Learned about meal plan options?
- Ordered/purchased fall semester textbooks?
- Visited various university-approved housing options?
- Opened a local checking account?
- Had all your questions answered?
- Don’t forget to check your S&T email account once you get home and complete your Hogan Personality Inventory online.

Welcome to Rolla

Rolla is a terrific college town. The community is very supportive of the university and its students. Located about 100 miles from Saint Louis, Springfield and the Lake of the Ozarks, Rolla blends the friendliness, safety and charm of a small town with the cultural and recreation options of a much larger city. Anything you can’t find in Rolla is just a short drive away. Community events, campus activities and locally-owned restaurants, pubs, theaters, coffee shops, bookstores, pizza parlor and wineries provide a great diversion from studying. We hope you enjoy your time here!

Points of Interest

- Bowling Alley
- S&T Golf Course
- Movie Theater
- Student Rec Center
- Leach Theater
- Kokomo Joe’s mini golf, go-karts, arcade
- Splash Zone Water Park
- Downtown Shopping
  - Reader’s Corner
  - Red Door Gifts
  - Memoirs Music
  - University Book & Supply
  - Route 66 Bicycles
  - St. James Winery and Meramec Vineyards
  - S&T Bookstore

Park, running/fake that, and The Centre info

visitrollacity.org

Restaurants

1. Steak 'N Shake
2. Waffle House
3. Lady's Chicken
4. Fortune Inn
5. Koi Japanese/Hibachi
6. Donut King
7. Pizza Inn
8. Great Wall
9. Dairy Queen
10. Hardee’s
11. Taco Bell
12. Domino’s Pizza
13. The Grotto
14. Alex Pizza Palace
15. Leonna’s Kitchen
16. Huddle House
17. Gordon
18. Locker Room Sports Bar
19. Jimmy Johns
20. Sonic Drive-In
21. Imo’s Pizza
22. Mandarin Garden
23. 24. Speaking
25. Piyor’s Pizza
26. Arby’s
27. Wendy’s
28. Long John Silver
29. Little Caesar’s Pizza
30. Burger King
31. Pizza Hut
32. Maid Rite
33. Panopola’s Family Restaurant
34. Subway (4)
35. McDonald’s
36. Lucky House
37. Los Gatos
38. Sibio Stockade
39. Danny’s
40. Spooon Me
41. Papa John’s Pizza
42. Palace Bread Company
43. A Slice of Pie
44. Applebees
45. Tommy’s Tater Patch
46. NFC
47. El Magayo
48. Momo who Japanese
49. Havener Food Court & Einstein Bagel
50. Kyoto
51. Matt’s Steakhouse
52. Bandania’s BBQ
53. El Sombrero
54. Giddy Goat Coffee
55. Bantin Square
56. Randy’s Roadkill BBQ
57. Colton’s Steakhouse
58. Papa Murphy’s Pizza
59. South Central Creamery
60. Nautica Cafés Deli
61. Public House Brewing Co.
62. Love’s Travel Stop (McDonald’s & Subway)

Hotels

A. Drury Inn
B. Scollar Inn
C. Budget Deluxe Inn
D. Rustic Motel
E. Sunset Inn
F. Days Inn
G. America’s Best Value Inn
H. Best Western Coachlight Inn
I. Econo Lodge
J. Holiday Inn Express
K. Quality Inn
L. Best Way Motel
M. Comfort Suites
N. Hampton Inn
O. Baymont Inn & Suites
P. Super 8

Map is not drawn to scale