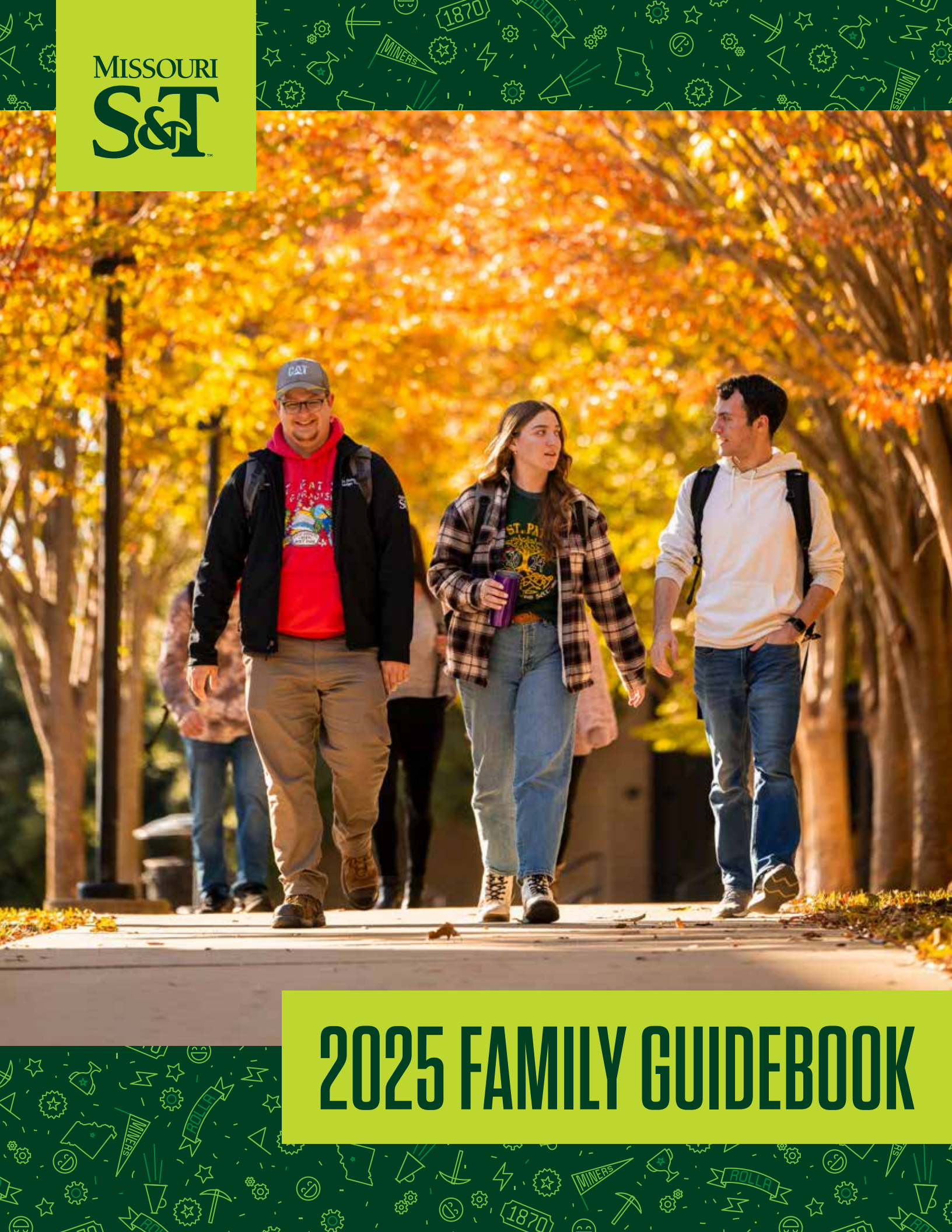


MISSOURI
S&T



2025 FAMILY GUIDEBOOK

MISSOURI S&T VALUES

LIFELONG SUCCESS

We add exceptional value. The S&T experience prepares you for a fulfilling life defined by the confidence to succeed, a desire to excel and a love of learning that never stops.

CREATIVITY

We are innovators. Building a better world demands a creative spark, innovative and entrepreneurial approaches and curiosity to discover and explore new solutions for the world's great challenges.

INTEGRITY

We hold ourselves accountable for our actions. We strive to uphold the highest ethical standards, conduct ourselves with trustworthiness and respect for all of humanity and instill in our campus community these same principles.

SUSTAINABILITY

We live by example. As stewards of public goodwill, financial resources entrusted to us and the environment, we emphasize resilient and sustainable practices in all our endeavors.

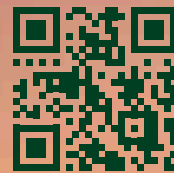
PARTNERSHIPS

We are great partners. The solutions to today's great challenges require agile collaboration, teamwork and engagement with our stakeholders, both on campus and in the greater communities.

INCLUSION

We are an inclusive, welcoming community. We seek to build a creative learning environment marked by openness, understanding and valuing all people and perspectives.

chancellor.mst.edu/mission



NEW STUDENT PROGRAMS

Missouri University of Science and Technology
103 Norwood Hall, 320 W. 12th St.
Rolla, MO 65409-0520

573-341-4025 | pro.mst.edu | pro@mst.edu
facebook.com/SandTFutureStudents



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WELCOME MINERS!

We hope your Advising and Registration (A&R) experience will be fun and informative. We're excited to have you join the Missouri S&T family!

This guidebook addresses some of the concerns students, parents and families have about college. S&T offers many resources to students to ensure academic, personal and professional success. The information in our guidebook supplements today's A&R activities — some sections are for students, and some are for their guests and family members.

We invite you to talk with current students, staff and faculty about any specific interests or concerns you have. If you want more information about a topic in the guidebook or have questions after your A&R Day, please refer to the official Missouri S&T website at mst.edu. If you are unsure about where to begin, contact New Student Programs at 573-341-4025 or pro@mst.edu, like us on Facebook at facebook.com/SandTFutureStudents or connect with us on Instagram with [@sandt_newstudents](https://www.instagram.com/sandt_newstudents). We'll be happy to answer your questions or direct you to the best person for assistance.

We thank you for joining us at A&R. See you during Opening Week!



Sincerely,

Joe Miner
S&T Mascot

facebook.com/SandTFutureStudents



What Will College Be Like?

While grades are one measure of success, knowing that you are doing your best and achieving your goals may sometimes mean that you gladly accept a “B” in a really tough class.

Being accepted to S&T means that we believe your past record shows you are capable of satisfying the demands of the challenging but worthwhile S&T curriculum.

Although your ability and academic background play a role in your success at S&T, it also depends on the efforts you make to master the material and your willingness to ask for help when you need it.

Each student’s college experience is unique. In addition to joys and triumphs, you’ll face many challenges. Whether you move away from home or continue living with family, you’ll assume greater responsibility for yourself, meet new people and adjust to the academic demands of college.

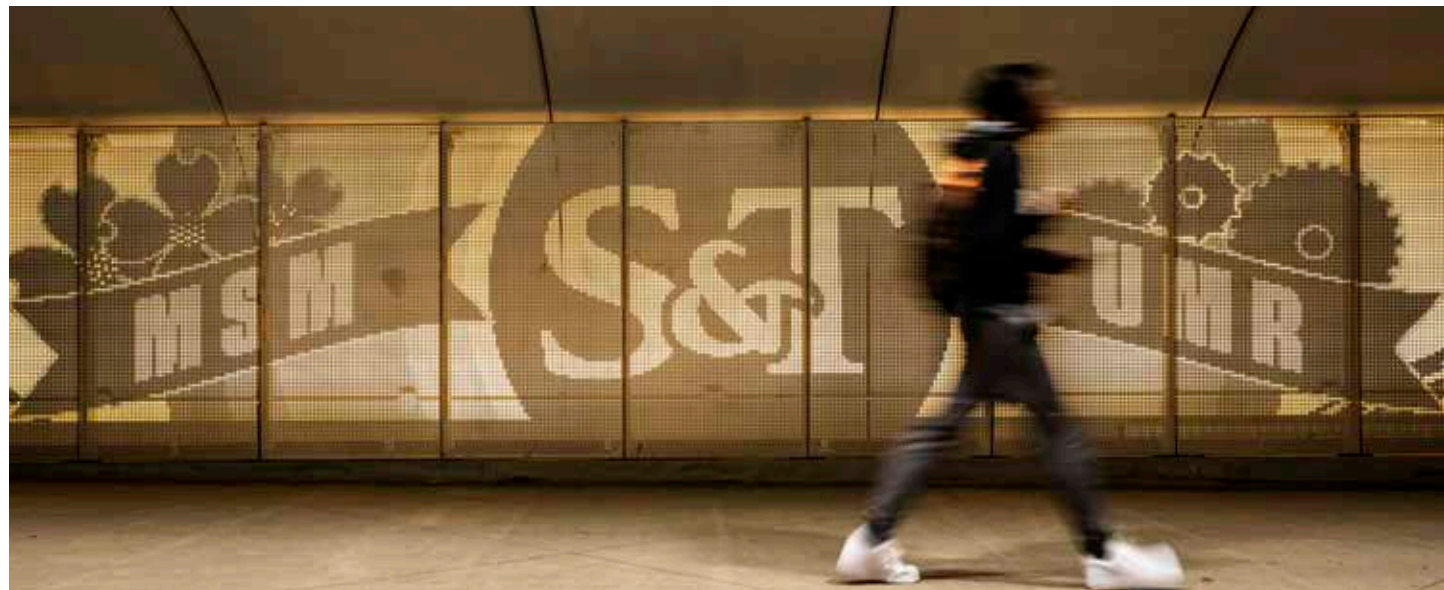
If you find yourself struggling to get along with your roommate, manage your

time, do well in a class or make a tough choice, remember — it often helps to discuss your thoughts with someone else.

Ask for help — advisors, instructors, counselors, residence hall assistants, success coaches, mentors and parents are available to help you.

Taking personal responsibility for achieving your goals is the key to success. In college you have more freedom. It will be your responsibility to determine what actions will move you toward your goals.

A final key to being successful involves striving for balance in your life. Finding the optimum mix of work and play leads to happiness. Know your priorities, respect your limits, but don’t limit possibilities.



HONORS ACADEMY

honors.mst.edu

The Honors Academy is a community of outstanding scholars seeking an enhanced educational experience. Eligible students will be invited to the program after admission to the university.

Incoming first-year students are eligible if they earned:

- 1) Min 29 ACT / 1340 SAT CR+M
- 2) Min 3.75 GPA.

Honors Academy students who maintain a 3.0+ GPA and complete the program’s three pillars — Academic Curiosity (an independent project or additional educational experience such as a minor), an Immersion

Experience (such as an internship), and hold a Leadership role on campus — will earn the distinction of “Honors Academy Fellow” on their diploma, transcript, and in the Commencement Program.

KUMMER VANGUARD SCHOLARS PROGRAM

vanguardscholars.mst.edu

The Kummer Vanguard Scholars program is a competitive program established through a portion of a generous gift of \$300 million from June and Fred Kummer, longtime supporters of Missouri S&T. The Kummer Vanguard Scholars program is limited to 250 STEM scholars each year. Each Kummer Vanguard

Scholar will receive \$2,000 a year for up to four years. These scholarships may be combined with other university scholarships.

ROTC LEADERSHIP PROGRAMS

armyrotc.mst.edu | afrotc.mst.edu

Get leadership training and receive a valuable education by joining the U.S. Air Force or Army ROTC. Participants are commissioned as officers after graduation and can earn money for college. S&T also has the U.S. Navy Nuclear Propulsion Officer Program for Nuclear Engineering students. You can take ROTC courses for up to two years without making any commitment to the military.



Academic Assistance

There are many sources of academic assistance at Missouri S&T that students can access to improve their proficiency with course material and learning processes.

Academic Advisor

advising.mst.edu

Your academic advisor plays an important role in your success. They help you select courses each semester, evaluate your academic progress, resolve any academic performance problems and help you explore career options.

As the student, you are responsible for initiating and maintaining regular contact with your advisor. Meetings with a clear purpose promote the best interactions. However, occasional visits for casual conversation will help you and your advisor become acquainted.

Student Well-Being

wellbeing.mst.edu

Personal counseling is available to S&T students within a brief-treatment, solution-focused model at no additional cost. Confidential services are provided by licensed professionals.

Some students seek support as they adjust to college life, explore family or relationship situations, or to reduce feelings of depression or anxiety. Others wonder about the choice of academic or professional goals, or struggle with issues such as motivation or test anxiety that interfere with academic success.

Staff members collaborate with students to help clarify and address issues, support existing strengths, and arrange referrals when appropriate.

Peer Education

wellbeing.mst.edu/peer-education

Peer Education within Student Well-Being provides students education, information and resources on a variety of prevention

and health measures. Peer Education promotes healthy behaviors to foster a campus environment conducive to academic, professional and personal success by addressing both individual and environmental influences on health and well-being.

Student Accessibility and Testing

saat.mst.edu

Student accessibility and testing (SAT) provides accommodations for students with disabilities to provide equal access for educational opportunities. Services available to qualified students can include classroom adaptation, alternative testing and assistive technology. If you have a documented disability, please contact SAT to request accommodations.

Testing Center

testcenter.mst.edu

The Testing Center provides the campus with a variety of testing programs including College Level Examination Program (CLEP), distance education online tests and national/professional certification testing. Testing accommodations for self-identified students with a disability are also available.

Learning Enhancement Across Disciplines

lead.mst.edu

The LEAD program offers learning forums for students who wish to improve their understanding of concepts and their mastery of skills in a wide variety of foundational courses. Student-oriented learning centers are staffed by discipline-based faculty and accomplished undergraduate peer learning

assistants who guide students in the learning process within an atmosphere of cooperative engagement and teamwork.

Writing Center

writingcenter.mst.edu

The Writing Center provides trained writing tutors to help students from all disciplines improve their abilities to write, revise and edit assignments and professional documents effectively.

Student Veterans Resource Center

svrc.mst.edu

The Student Veterans Resource Center is here to serve all Missouri S&T student service-members and veterans with high-quality customer service, effective information, and support as students continue in their journey toward their educational goals. Connect with SVRC via facebook.com/sandtsvrc.

Student Success Center

ssc.mst.edu

The Student Success Center (SSC), located in 117 Innovation Lab, provides a welcoming space where students can relax, enjoy a cup of coffee, and access academic support. The SSC’s Student Success Coaches assist with goal setting, time management, study skills, and more. For tutoring, the SSC offers LEAD Drop-In Tutoring for foundational courses, Knack Tutoring for personalized one-on-one sessions, and LEAD Group Sessions for mastering key concepts. Whether you need guidance or a quiet place to study, the SSC is here to help. Learn more at ssc.mst.edu.



Campus Services

Accessing your computer account

Your S&T username allows access to campus computer resources. You received a username via email when you were accepted for admission to S&T that allows you to access Joe'SS. Once logged in, you will need to reset your password. If you've forgotten your password or want to reset it, visit the "Forgot Your Password" link at joess.mst.edu or call the IT Help Desk at 573-341-4357 (HELP).

Student email

it.mst.edu

University email is the official channel of communication with students, faculty and staff. For information about how to activate your official university email account, visit the student email section of it.mst.edu. Check your university email account frequently throughout the summer to receive updated information concerning Opening Week, Move-in and financial information.

Joe'SS

joess.mst.edu

"Joe's Self-Service" (Joe'SS) is S&T's online Student Information System. Joe'SS provides access to update student information, unofficial student transcripts, grades, course scheduling, fee statements, scholarship and financial aid information, and more.

Curtis Laws Wilson Library

library.mst.edu

Curtis Laws Wilson Library provides access to a variety of research materials and e-resources. For in-depth help, you can schedule an appointment for a one-on-one research consultation with a librarian. The library is a campus gathering spot with coffee, meeting rooms, quiet spaces and technology support.

The Miner Card

pro.mst.edu/minercard

The Miner Card, your campus ID, is required for all students. Your Miner Card features your name and photograph. Your student and campus information are encoded on your card. Treat your Miner Card with the same care as you would an ATM or credit card. Your Miner Card can be used for access to buildings, on-campus dining, sporting and theater special events, and discounts at restaurants, local businesses, and more.

Parking

police.mst.edu/parking

Students may bring a vehicle to campus. All S&T parking lots (including residence halls) require a paid parking permit purchased through Parking Lot Operations. Parking is not included with housing costs nor is it a guaranteed space. All students must sign up through the online waiting list in order to receive a parking permit.

Safety

police.mst.edu

University Polices provides many services to ensure a safe community and comfort for all students. One service provided is a safety escort for students who do not want to walk on campus or return to their place of residence at night alone. In addition, security guards and campus service officers regularly patrol public areas, and security cameras have also been added throughout campus. The S&T Police Department is open and available to students 24 hours a day.

University Committee for Assistance, Response, and Evaluation (UCARE)

studentsupport.mst.edu

Missouri S&T's University Committee for Assistance, Response and Evaluation (UCARE) is the central point of contact and referral for students who may be experiencing a personal, academic, financial, wellbeing or other concern. Often, a quick response to provide a student experiencing a challenge or distress with timely resources will ensure that the student remains on track academically. UCARE can receive referrals from students, campus partners, family members, friends, or anyone else who has a concern about a student.

Campus emergency alert system

Opt-in to receive text message or voicemail alerts in the event of a campus emergency. After logging into Joe'SS at joess.mst.edu, look for the "Emergency Mass Notification" link in the left side menu to sign up for the service or update your contact information. Why should you opt in to the emergency alert system?

- You'll receive emergency news and updates regardless of where you are on or off campus.
- The system is used ONLY for true emergencies (natural disaster; human or technological crisis); and once a semester for a system test.
- The service is free, but your cell carrier's rates for text and incoming calls will apply.

You can update your contact information anytime at joess.mst.edu. Your contact information is kept secure and confidential and will NEVER be used to spam you.

Missouri S&T launched Rave Guardian, a free mobile app that turns your smartphone into a personal safety device. By downloading Rave Guardian on your mobile device, you can invite friends and family to join your network as your "Guardians." Learn more at alert.mst.edu/rave-guardian.

Confidentiality policy

registrar.mst.edu/ferpa

In accordance with the Family Education Rights and Privacy Act of 1974 (Buckley Amendment), Missouri S&T restricts release of a student's educational records to directory information only.

A student has the option to also restrict the release of directory information. S&T designates as "directory/public information" the following: student name, email address, address (including local and permanent), telephone, major field of study, participation in officially recognized activities and sports, dates of attendance, degrees and awards received, the most recent previous educational agency or institution attended by the student, student level, and full- or part-time enrollment status.

Additional authorized access (AAA)

registrar.mst.edu

S&T students can grant other users direct and authorized online access to their student information in Joe'SS, which may include:

- Student Account Information — Grants access to view current and past charges. Additional access also needed to be granted through the Students TouchNet Account.
- Academic Information — Grants access to view Class Schedule, Grades, and Transfer Credit information.
- Directory Information — Grants access to view address, e-mail and phone information.
- Financial Aid — Grants access to view financial aid information. This includes information about awards, loans, scholarships, fellowships and work study jobs that you have received or have been offered. If you have applied for financial aid, it includes information about the status of your application.
- Additional access must be granted through the student TouchNet account.

Student health services

studenthealth.mst.edu

Student Health is designated as an acute care and intermittent health clinic and offers a wide range of primary health care for S&T students. We recommend that all students have health insurance. An optional student group plan for accident and sickness insurance is available.

For more information regarding immunization policies for measles and rubella, meningitis, and tuberculosis contact Student Health Services at mstshs@mst.edu.

Access your health records online

The patient portal gives you access to submit forms, send a secure message and view lab results. For portal problems or to be granted access, please contact Student Health at 573-341-4284.

Equity & Title IX

equity.mst.edu

University endeavors to foster a collaborative environment among the miner community free from unlawful discrimination. The Equity & Title IX team is available to listen to your concerns, help you understand your rights, and connect you with supportive resources.

We understand the nature of the concerns reported are often personal. Our office takes an educational approach, seeking to stop, prevent, and help remedy the effects of discrimination. Discrimination and harassment has no place within our Miner Community.

All new students to the Miner Community should complete the **U Got This!** sexual violence prevention program. The program will highlight Missouri S&T's nondiscrimination policies and available resources for those who may have experienced discrimination. For further details and to start the program visit equity.mst.edu/education/ugotthis.

STUDENT AFFAIRS

stuaff.mst.edu

The dean of students office plays an important role in maintaining and enriching a sense of community at Missouri S&T. We are a well-connected community of students, staff, faculty, alumni and friends, bound together through a shared experience and a passionate desire to lead lives of principled achievement and purpose.

Our team is here to assist students in making the most of their Missouri S&T experience.

We are committed to fostering a safe and inclusive campus community through outreach, developmental education and engagement. As the moderator of the campus community, we uphold university values and standards through educational initiatives that support students in their development to become career-ready graduates. We produce leaders who influence the world and make a difference for the better, wherever they find themselves.

Visit us online for more information regarding:

- Student Support and Community Standards: studentsupport.mst.edu
- Family and Friends: family.mst.edu

SHOW YOUR MINER PRIDE

You're about to embark on your college journey. You worked hard, studied and are no doubt a serious student. These traits have helped get you to where you are today: about to be a new student at one of the most respected technological universities in the world. Be proud of your accomplishments!

- Wear your St. Pat's green on Fridays.
- Attend athletic events, campus activities and concerts.
- Get an S&T decal for your car window.
- Wear an S&T t-shirt when you visit home.
- Join a campus or community organization and get involved in activities.
- Keep campus clean, recycle and respect university property.

TUITION COST

Tuition structure

S&T offers a flat rate tuition model for undergraduate students, which includes 12-18 credit hours per semester. This simplified and transparent approach, based on major, ensures that students pursuing their undergraduate degrees can focus on their academic goals without the complexity of variable tuition costs. The flat rate structure provides financial predictability and encourages students to take a full course load, promoting timely graduation and academic success.

Tuition cost estimates

S&T is consistently rated one of the best value public universities. Visit sfa.mst.edu/cost-estimates to find cost breakdowns and estimated totals for first-time freshmen undergraduate students.



Net-price calculator

See how scholarships and financial aid affect what you pay for an S&T education by using our net-price calculator at go.mst.edu/netprice.



ESTIMATED HOUSING AND DINING COST

May vary based on combination of housing and meal plans.

Annual Room Rates 2025–26				
HALL	ROOM TYPE	PEOPLE PER ROOM	PEOPLE PER SUITE	COST
Thomas Jefferson	Single Room	1	N/A	\$9,435
Thomas Jefferson	North Double Room	2	N/A	\$8,150
Thomas Jefferson	South Double Room	2	N/A	\$8,260
Thomas Jefferson	South Triple Room	3	N/A	\$6,525
Residential Commons	Single Deluxe Suite	1	4	\$10,910
Residential Commons	Single Bed in Triple Room	1	N/A	\$10,570
Residential Commons	Double Suite	2	4	\$9,390
Residential Commons	Double Deluxe Suite	2	4	\$9,720
Miner Village	2 Bedroom Apartment	1	2	\$10,550
Miner Village	4 Bedroom Apartment	1	4	\$9,840
University Commons	Single (4 rooms)	1	4	\$11,280
University Commons	Double (4 rooms)	2	8	\$9,590
Rolla Suites	Single Efficiency	1	N/A	\$9,900

All rates listed are the annual price. To calculate the semester price, divide the listed price by 2.

Meal Plans (2025–26)
PLATINUM (TJ ONLY): \$4,387 Unlimited meals in Thomas Jefferson residence hall cafeteria + 150 Declining Balance Dollars (DBDs) per year to spend at any dining facility on campus
GOLD: \$4,217 200 meals per semester + 200 DBDs per year
SILVER: \$3,657 150 meals per semester + 330 DBDs per year
BRONZE: \$3,994 17 meals per semester + 3,590 DBDs per year
EMERALD: \$2,722 9 meals per semester + 2,470 DBDs per year
Please see reslife.mst.edu for eligibility.

The university reserves the right to modify by increase or decrease the tuition and fees charged for attendance and other services to the university, including but not limited to tuition, at any time when in the discretion of the governing board the same is in the best interest of the university, provided that no increases can or will be effective unless approved by the Curators of the University of Missouri not less than 30 days prior to the beginning of the academic term (semester, etc.) to which the fees are applicable, with all modification of fees to be effective irrespective as to whether fees have or have not been paid by on or behalf of a student prior to the effective date of the modification.

Billing and Payments

S&T does not mail fee statements. All billing statements are electronic. The student will receive an email notification at their S&T email address when a statement is available for viewing.

How do I view my eBill?

- Log-on to Joe'SS.
- Click on Student Center.
- Under the Financial account tile, click on the TouchNet Link.
- You will be asked for your Joe'SS log in information again.
- Once in TouchNet, click on "View Statements" to view current and past billing statements.

How do I set up authorized payers?

- Log on to Joe'SS to navigate to TouchNet.
- Re-enter your Joe'SS user ID and password, make sure you are allowing pop-ups.
- On the TouchNet Homepage, select Authorized users from the "My Profile Setup" column.
- Select "Add Authorized User."
- Enter email address and select permissions to grant access.

More information can be found on registrar.mst.edu.

What should I do with my eBill?

Carefully review the information provided in reference to charges, anticipated financial aid awarded, minimum and full payment amounts, payment due dates, etc. If your financial aid does not completely cover your cost, at least the minimum payment is due by the date communicated on your billing statement to secure your course selection.

If you have questions regarding financial aid, scholarships, billing or payments, please contact Student Financial Services at 800-522-0938 or 573-341-4282, send an email to sfs@mst.edu or visit the office on the ground level at G-1 Parker Hall.

MANAGE YOUR MONEY

APPLY FOR SCHOLARSHIPS AND AID

Start applying for scholarships and aid early each semester and keep checking back for new offers. Look for scholarships both from the university and from external sources, like your community. Apply for additional scholarships at scholarships.mst.edu.

ASK FOR HELP WHEN YOU NEED IT

If you run into a financial disaster, let your family know you're in trouble. If an unexpected event changes your financial situation — or you simply need help budgeting your money — don't give up on school! Schedule an appointment with your financial services counselor at sfa.mst.edu/contact-us/counselors for guidance and next steps.

- **Track it.** Track your spending for two to four weeks to see where your money is going. Once you see how much impulse buying and indulgences are costing you, it'll be easier to say "No!"
- **Get a plan.** The best way to manage your money over the course of a semester is to map out a budget.

- **Good-time money.** All students will need some form of entertainment. Build some "fun" money into your budget.
- **Pace yourself.** If you spend at the beginning of the semester, you could be tapped out later. Give yourself a spending limit for each week.
- **Protect your identity.** Don't give your Social Security, credit card or bank account number to anyone unless you know why they need to see them. Review bank statements and phone bills regularly for unauthorized use.
- **Set your own credit line.** Just because you have a \$2,000 credit line doesn't mean you spend \$2,000.
- **Use credit cards sparingly.** Avoid using credit cards and debit cards for small purchases like sodas and snacks. Be smart about credit cards.
- **Look ahead.** Whether it's a road trip, a bill, or a big expense, start putting some money aside to pay for it. Set aside some money for an emergency fund, for car repairs, or to replace a broken calculator.
- **Keep a calendar.** Monitor due dates for bills, scholarship applications, Feb. 1 FAFSA deadline and other expenses.

Campus Living



Research has shown a positive correlation between academic success and campus and community involvement. Students who are involved tend to be more academically successful, experience more personal growth, and are generally more satisfied with their college experience.

S&T residency policy

Because campus living enhances your well-being and increases the likelihood of your success, S&T has a residency policy that states all students who have not completed four semesters of college prior to the start of the academic year are required to live in university-approved housing. Exemptions can be requested under special circumstances. More information can be found at reslife.mst.edu/housing-policy.

University-approved furnished housing includes residence halls, fraternities, sororities and the Christian Campus Houses.

Safety

Missouri S&T strives to provide a safe and comfortable living community. Safety measures in campus-approved housing include deadbolt locks, restricted key/card access, building locking procedures, police patrols of the campus and educational programs to promote personal safety. Additionally, S&T follows guidelines that restrict providing information about students, such as class schedules, phone and room numbers.

What forms should I submit?

Even if you're not sure where you want to live, first-year students must complete the Housing Application. The Housing Information Form must be submitted through the Housing Portal. In order to be able to participate in the first round of room selection in March, students will need to complete their Housing Information Form, pay their enrollment deposit, and sign up for an A&R day by Feb. 22. For more information, contact residential life at 573-341-4218 or reslife.mst.edu.

When will I move to Rolla?

As a first-time student, you must arrive at S&T prior to Opening Week Orientation. Residence halls open for move-in on Sunday, Aug. 17, 2025. Only students who attend the A&R session on Aug. 16 will be allowed to move-in on Aug. 16 (other students

who need to be on campus prior to Aug. 17 will need to make arrangements for early arrival with the residential life office). Transfer students will move-in on Saturday, Aug. 23.

Can I change my mind about my roommate and where I live?

You may change your request regarding living in any of the residence halls or fraternity and sorority houses. Once you have been assigned residence hall space, you are permitted to change rooms after the third week of classes. Contact the Residential Life Office to check on space availability and to complete necessary paperwork. University-approved housing options share an agreement to facilitate room changes between residence halls and fraternity and sorority houses.

Bringing a computer to S&T?

Consider purchasing your computer through The S&T Store to receive educational discounts, special promotions, full warranties with accidental damage protection and special Student Purchase Plan financing. Details can be found at thesandtstore.com. Contact us at thesandtstore@mst.edu or 573-341-7901. Walk-in IT help is available at the library for computers purchased at The S&T Store.

Residence halls

S&T's residence halls in which first-year students typically reside are Thomas Jefferson (TJ), Residential Commons (RC) and University Commons (UC). Your room assignment will include a link to access your campus mailing address as well as your roommate's name, email and phone number.

Christian Campus Houses

rollaccf.org

The two Christian Campus Houses provide university-approved housing for male and female students and are located close to campus.

Fraternities and sororities

involvement.mst.edu/fraternityandsororitylife
Of S&T's 24 Greek chapters, 18 offer university-approved housing with resident capacities ranging from 20 to 100. Each member who lives in a UAH facility pays a per-semester fee. Additionally, dependent on your join date, you also may pay housing cancellation fees. Specific questions pertaining to costs associated with Greek residences need to be addressed with each respective chapter.

Fraternities and sororities issue invitations for membership, often called "bids." When you accept an invitation to membership, you signify that you are joining that fraternity or sorority. Although you have the option of living in a chapter house as a freshman, accepting a bid may not obligate you to do so; you should ask chapters about their housing expectations before accepting a bid.

Opportunities for women to participate in Primary Recruitment are available during Opening Week Orientation. Freshman male students have the option to move directly into fraternity houses. All men interested in joining a fraternity — but unsure of their options and preferences — are encouraged to complete a Residential Life Housing Information Form to ensure housing will be provided to them in the fall.

Living Learning Communities

reslife.mst.edu/experience

S&T offers three Living Learning Communities (LLCs). These specialized living environments connect students based on special interests or experiences. Each LLC is unique and centered on a distinctive theme. The Change Makers and Honors communities will live in Residential Commons 2. Members of the Performing Arts Community will live together in University Commons. Preference to live in this housing can be indicated on the Housing Information Form.

PARENTING A NEW COLLEGE STUDENT

What is it like emotionally for first-year students?

First-year students may experience some varied feelings — enthusiasm, anxiety, loneliness and delight. It is normal to feel extremely excited one week and discouraged the next. While adjusting to a new academic atmosphere and new living situation, students must re-establish a sense of security and identity in their environment.

What can I do to help my student's transition to college?

First-year college students often seek parental support and encouragement. Some students call or visit home, seeking approval of their decisions. Students develop by improving their capacity to make sound decisions and by being responsible for their own actions. You might consider resisting any urges to "bail out" your student from the natural consequences of their decisions. Help your student focus on the new knowledge that negative consequences can provide. If your student needs help, suggest that they seek assistance through campus resources.

How can I help if my student has difficulties?

There is help available on campus for many concerns that your student may face. The challenge for many students is to take the initiative to seek assistance. Listen patiently and then encourage your student to take advantage of on-campus resources. Don't feel that you have to be an expert — suggest that your student start with his/her academic advisor or visit the Student Success Center.

What should I keep in mind when communicating with my student?

It will be important to shift from "parent-to-child" to "adult-to-adult" interactions. When students are at school, family members usually have minimal input into their choices. A predictable conflict may be when they visit home and wish to maintain these freedoms. It is helpful to discuss how changing perspectives will be handled ahead of time so that initial visits home are not times of conflict.

Questions to ask your student

1. Approximately how many hours of sleep do you get each night?
2. How many hours do you guess you study per credit hour?
3. Can you tell me how you schedule "fun time"?
4. When do you start your homework — soon after receiving or do you tend to procrastinate?
5. Tell me how you interact with your professors and advisor.
6. What are your favorite academic resources — a few examples are the LEAD program, tutoring and the Student Success Center?
7. When is the best time for you to review material? Before class, after class or both?
8. Can you tell me about your study groups and why you chose to join them?



A Family "To-Do List"

Don't ask if they are homesick.

The first few activity-packed weeks require new students to concentrate on meeting new people.

Write — even if you don't get return mail.

Even if your student seems to have forgotten how to call.

Keep panicky phone calls in perspective.

Students may dial home when they are stressed. While you may feel lousy with worry, just talking it out may be all they need.

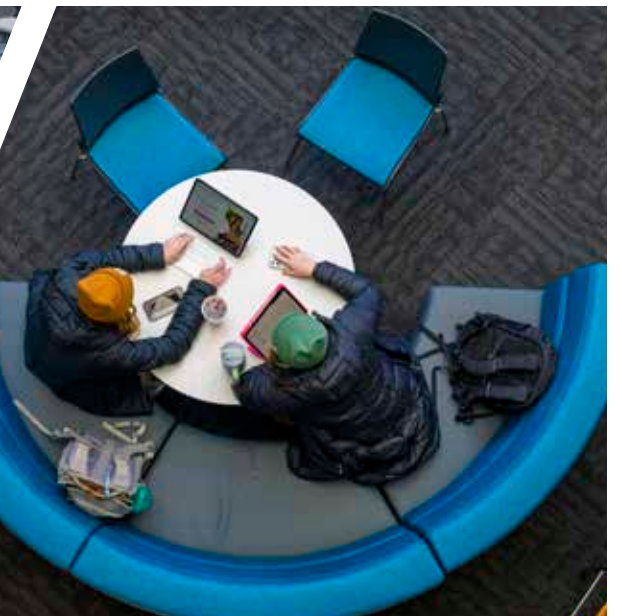
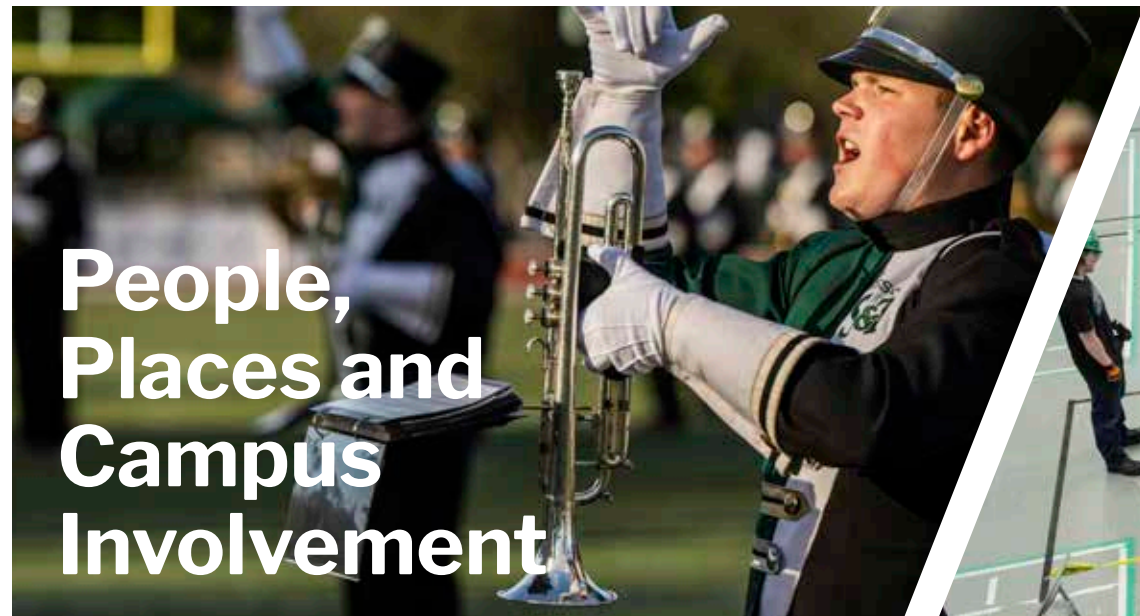
Visit occasionally.

Although they may only admit it with reluctance, students appreciate visits from their families (especially to shop or eat out).

Trust your student.

It's tough enough to second-guess yourself as a student without your parents doing the same. Give them your respect. Families are invited to campus at any time and programs are organized throughout the year by living units, athletic teams, and other student organizations that are geared toward families.

People, Places and Campus Involvement



Career opportunities and employer relations

career.mst.edu

Learn more online:

- Cooperative program (Co-op).
- Career Fair tips.
- MinerJobs.
- Workshop schedule.

Career opportunities and employer relations (COER) is the bridge between employers, students, and alumni of S&T. Professional staff ensure that students and employers are successful in their career and hiring needs.

Because employers often hire graduates with prior work experience, many S&T students obtain summer internships or co-ops in their field of study. Two career fairs are hosted each year where hundreds of recruiters come to campus to talk face-to-face with students about job opportunities and accept student resumes. All students are encouraged to attend the career fairs, regardless of grade or prior experience.

Looking for a job?

career.mst.edu

Many students pursue on-campus jobs while they're in school to provide extra spending money, gain professional experience, and build their resume.

Part-time on-campus employment opportunities are posted online at the COER website. Check the site often, it changes every day.

Havener Center

havener.mst.edu

Havener Center — S&T's student and community center — is the "living room" of campus. Havener Center offers a food court, The S&T Store, lounge and study space, meeting and conference rooms, and offices and workspaces for nearly 200 student organizations.

Innovation Lab

innovationlab.mst.edu

The Innovation Lab is a dynamic space for all students. It features the Student Success Center, maker spaces, areas for collaboration and study, a digital studio and a coffee shop.

Leach Theatre

leachtheatre.mst.edu

Leach Theatre, located in Castleman Hall, offers students world-class entertainment. Programming includes symphonies, lectures, solo artists, live theater, Broadway touring shows and dance troupes to the Leach stage. Campus Performing Arts Series performances offer significantly discounted tickets to S&T students, with a student season ticket option available.

Athletics and recreation

minerathletics.com | rollacity.org

S&T offers 17 NCAA Division II varsity sports. Campus sporting events provide a great opportunity for students and the entire community to promote pride, unity, and team spirit for the Miners.

S&T offers 30 intramural sports, aerobics classes and many informal recreational activities to encourage fun and fitness at the Fitness Center. Outdoor equipment is also available for rent at Outdoor Activities and Rental (OAR) to students interested in exploring the many beautiful rivers, state parks and national forests of Missouri.

Involvement

involvement.mst.edu

Student Involvement provides developmental resources, administrative support and advising to more than 200 student organizations. Numerous campus activities are offered daily to enrich the student experience and contribute to an inclusive campus community.

Interested in getting involved, but don't know how? Peer Involvement Advisors (PIAs) are here to help!

With over 200 student organizations, we will help you find your home on campus, using your interests and personality traits. We strive to provide students with resources and support through one-on-one consultations and group presentations to classes and registered student organizations.

Inclusion and Engagement

studentsuccess.mst.edu

You belong at S&T! Inclusion and Engagement's mission is to empower every student through an inclusive and welcoming environment that fosters engagement, well-being, and self advocacy to enable every Miner to thrive and make a positive impact in their community, both at S&T and beyond.

Services available include:

- Miner Food Pantry
- Miner Clothing Closet
- Student Garage (meeting space)

Student organizations include:

- National Society of Black Engineers (NSBE)
- Society of Women Engineers (SWE)
- Society for Hispanic Professional Engineers (SHPE)
- SPECTRUM (LGBTQ+ Social Group)

MinerRama and Spring O'Rama

Student Involvement's yearly involvement fair. Join us at the Puck at the beginning of each semester to learn about all the ways to get involved on campus. Meet representatives from over 200 student organizations and learn more about their clubs.

Experiential learning

experientiallearning.mst.edu

Experiential learning is the foundation of a broad-based Missouri S&T education. Experiential learning activities are designed for students to go beyond mastering basic skills and knowledge in the application of that material to problem-solving challenges. Most students will be required to complete some form of experiential learning prior to graduation, whether that be involvement in a design team, co-op or internship experience, undergraduate research, and more.

Student design teams

design.mst.edu

The Student Design and Experiential Learning Center (SDEL) serves as the

business incubator and support center for 20 multidisciplinary student-managed design teams. The SDEL is housed in the Kummer Student Design Center, a facility that provides design team members with advanced computer design labs and software, a complete manufacturing and testing center, business offices and logistical assets, along with the technical, marketing, communication and fundraising support necessary to prepare students for successful careers even before graduation.

Volunteerism and services

involvement.mst.edu/volunteer

Volunteerism and involvement provides students an opportunity to have a positive impact on social issues within the community through service.

Volunteerism demonstrates civic engagement and commitment to one's community — an important part of your personal and professional development.

Study abroad

studyabroad.mst.edu

S&T offers study abroad opportunities in more than 40 countries. Students may enroll in full-time academic programs abroad for a semester or a full year. Often educational fees are the same as S&T's on-campus fees.

S&T participates in the Missouri-London and Missouri-Greece programs. Short-term summer exchanges are also available with S&T partner universities in China, Sri Lanka, Australia and South Africa.

Contact a study abroad advisor for more information.



Undergraduate research Experiential learning is an essential aspect of S&T's unique learning environment. Undergraduate research is a core component that provides students with out-of-classroom learning experiences that apply classroom knowledge to solving real-world problems. During their first year, S&T students are introduced to undergraduate research programs through introductory courses and seminars.

experientiallearning.mst.edu/oure

PACKING LIST

Use this list as a guide for what to bring to S&T. Many students also wait to purchase items once they're on campus.

Rolla has several stores (Kohl's, Walmart, Menard's, Hobby Lobby, Walgreens, Dollar General, Lowe's) to buy supplies.

Documents

- Class schedule
- Miner card student ID
- Driver's license
- Social Security card

**If you plan to work, your original Social Security card is necessary to complete paperwork*

Desk Supplies

- Backpack
- Calculator
- Calendar / organizer
- Glue
- Highlighters

Paper / notebooks

- Paper / notebooks
- Pencil sharpener
- Pens and pencils
- Postage stamps
- Poster tacks
- Scissors
- Small lamp
- Stapler / staples
- Tape

Clothes

- Athletic wear
- Belts
- Pants
- Shorts
- Shirts
- Coat / jacket
- Hat / gloves

Pajamas

- Pajamas
- Robe
- Shoes / socks
- Shower shoes
- Slippers
- Swimming suit
- Sunglasses
- Underwear

Technology

- Phone / phone charger
- Flash drive
- Headphones / earbuds
- Surge protector
- 5-Port switch

** Students cannot bring wireless routers to campus.*

Personal

- Comb / brush
- Contact lenses / supplies
- Deodorant
- First aid kit
- Nail clippers / file
- Prescription medicine
- Razor / shaving cream
- Shampoo / conditioner
- Shower caddy
- Soap
- Spare glasses
- Sunscreen
- Tissues
- Toothbrush / paste

Linen Supplies

- Blanket / pillow
- Dryer sheets
- Laundry bag / basket
- Laundry detergent
- Towels / washcloths
- Twin sheets (extra-long)

GREEK LIFE



Fraternities

Alpha Epsilon Pi **ΑΕΠ**
Alpha Phi Alpha **ΑΦΑ**
Beta Sigma Psi **ΒΣΨ**
Delta Sigma Phi **ΔΣΦ**
Delta Tau Delta **ΔΤΔ**
Kappa Alpha Order **ΚΑ**
Kappa Alpha Psi **ΚΑΨ**

Kappa Sigma **ΚΣ**
Lambda Chi Alpha **ΛΧΑ**
Phi Kappa Theta **ΦΚΘ**
Pi Kappa Alpha **ΠΚΑ**
Sigma Chi **ΣΧ**
Sigma Nu **ΣΝ**
Sigma Phi Epsilon **ΣΦΕ**

Sigma Pi **ΣΠ**
Sigma Tau Gamma **ΣΤΓ**
Tau Kappa Epsilon **ΤΚΕ**
Theta Xi **ΘΞ**
Triangle **Δ**

Sororities

Chi Omega **ΧΩ**
Delta Omicron
Lambda **ΔΟΛ**
Kappa Delta **ΚΔ**
Phi Sigma Rho **ΦΣΡ**
Zeta Tau Alpha **ΖΤΑ**

RELIGIOUS ORGANIZATIONS

For local church, mosque and synagogue information contact the Rolla Area Chamber of Commerce at 888-809-3817 or 573-364-5222.

All Nations Christian Fellowship
218 Havener Center

Baptist Student Union
Bruce Wade, Campus Minister
610 W. 10th St. | 573-364-3354
bsu@mst.edu | rollabsu.com

Campus Crusade for Christ
Alyssa Robinson, President
218 Havener Center | amryq5@mst.edu

Catholic Newman Center
607 N. Rolla St. | 573-364-2133
rollanewman.org

Chi Alpha (XA)
Sponsored by First Assembly of God
Jason Smith, Campus Minister
1608 N. Oak St. | xa@mst.edu | mstxa.org

Christian Campus Fellowship
Sam Parker, Campus Minister
112 E. 12th St. | 573-341-3567
ccf@mst.edu | rollaccf.org

Common Call Campus Ministry
Sponsored by Christ Episcopal Church and First Presbyterian Church
Jonathan Kimball, Advisor
218 Havener Center
cccm@mst.edu | commoncall.org

Fellowship of Christian Athletes
218 Havener Center | fca@mst.edu

First Love Rolla
218 Havener Center | firstlovemst@gmail.com

Ignite Campus Ministries
Sponsored by United Methodist Church
Mark Potrafka, Campus Minister
803 N. Main St. | 573-364-3980
ignite@mst.edu | firstumcrolla.org

Latter-Day Saint Student Association
Desiree Lim, Faculty Advisor
693 Forum Drive | ldssa@mst.edu

Lutheran Student Fellowship
Sponsored by the Lutheran Church Missouri Synod, Campus Minister
Eric Swyres, Pastor
810 W. 11th St. | 573-364-2852 | lsf@mst.edu

Muslim Student Association
218 Havener Center | msa@mst.edu

IMPORTANT DATES

June 14 and 21

Miner Welcome Bash

Meet other future Miners and their families during a day of games and information. Engage with student organizations. Learn about your Opening Week Mentor Team.



August 17

Move-in day

Each year, Miner Move-In is the first step for incoming first-year students on their journey at Missouri S&T.



August 17-22

Opening week

A high-energy introduction to your new campus home. With academic, orientation, and social components, Opening Week will provide you with all the resources you need to be successful as a student. Opening Week Orientation will acquaint you with the campus community and help ease your transition to your new home.

Activities are designed to introduce you to new friends, mentor groups, the campus culture, and opportunities for future involvement.



August 25

Classes start

You will feel confident and ready to start classes on Monday.



registrar.mst.edu/calendars

2025-2026 ACADEMIC CALENDAR

August

- 16 Last A&R session
- 17 "Move-In" day and Opening Week begins
- 22 Opening Week ends
- 22 MinerRama
- 25 Classes begin

September

- 1 Labor Day holiday
- 19-21 Family and Friends Weekend

October

- 4 Homecoming
- 9 Fall break begins
- 13 Fall break ends and classes resume
- 18 Mid-Semester

November

- 23 Thanksgiving vacation begins

December

- 1 Thanksgiving vacation ends and classes resume
- 12 Last class day
- 15 Final exams begin
- 19 Final exams end and fall semester closes
- 19-20 Commencement

January

- 19 Martin Luther King Jr. holiday
- 20 Classes begin
- 30 Spring O'Rama

March

- 12 Spring recess begins
- 14 Mid-Semester
- 16 Spring recess ends and classes resume
- 22 Spring break begins
- 30 Spring break ends and classes resume

May

- 8 Last class day
- 11 Final exams begin
- 15 Final exams end and spring semester closes
- 15-16 Commencement

A&R DAY CHECKLIST

Welcome to the Miner family! We hope you enjoyed your day!

Before you leave today, did you:

- Receive a copy of your fall semester class schedule?
- Have all your questions answered? (For now, of course)
- Activate your Joe'SS account and your S&T email?
- Obtain your Miner Card? The ID office is located at the IT Help Desk in the Curtis Laws Wilson Library.
- Learn about your housing and meal plan options? For more info, visit reslife.mst.edu.
- Order or purchase your fall semester textbooks? The S&T Store is on the first floor of the Havener Center.
- Register for Hit the Ground Running (if interested).
- Think about opening a local checking account? Phelps County Bank is located on the first floor of the Havener Center.

WELCOME TO ROLLA!

Rolla is a terrific college town. The community is very supportive of the university and its students. Located about 100 miles from St. Louis, Springfield and the Lake of the Ozarks, Rolla blends the friendliness, safety, and charm of a small town with the cultural and recreation options of a much larger city. Community events, campus activities and locally owned restaurants, pubs, theaters, coffee shops, bookstores, pizza parlors and wineries provide a great diversion from studying. We hope you enjoy your time here!

Things To Do

- Ber Juan Park
- Downtown Shopping
- Fugitive Beach
- Great Xscape
- Keep On Gaming
- Kokomo Joe's (mini golf, go-karts, arcade)
- Leach Theatre
- Maramec Springs Park
- Mark Twain National Forest
- Ole Mule Axes 'n Fun
- Ozark Actors Theatre
- Ozark Rivers Audubon Nature Center
- Regal Forum 9 Cinema
- Rolla Bowling Center
- Rolla Lion's Club Den & Park
- Route 66 Bicycles
- Runcible Games
- S&T Store
- Schuman Park
- Splash Zone Water Park
- Splatter 'n Rage
- St James Winery
- Student Rec Center & Gym
- The Centre (park, running/ bike trail, rec center, pool)
- The Zone

When you get home, make sure to:

- Complete your Online Orientation at orientation.mst.edu.
- Submit your final transcripts to the registrar's office. Visit registrar.mst.edu for more info.
- Check your S&T email account frequently. This is very important!
- Become familiar with Joe'SS.
- Like us on Facebook at facebook.com/SandTFutureStudents.
- Prepare for a life-changing experience at S&T.
- Complete U Got This! Visit equity.mst.edu/education/ugotthis for more information.

Hotels

- Baymont Inn & Suites
- Best Western Coachlight
- Comfort Suites
- Days Inn
- Econo Lodge
- Fairfield Inn & Suites
- Hampton Inn
- Holiday Inn Express
- Motel 6
- Quality Inn
- Regency Inn
- Rustic Motel
- Sunset Inn
- Super 8

Local Restaurants

- A Slice of Pie
- Alex's Pizza Palace
- American Taco Co.
- Ay Caramba
- Coffeesmiths
- Colton's Steakhouse
- CrepEscape
- DiTrapani's On the Square
- El Maguery
- Just Delicious
- Frida's Cantina & Grill
- Giddy Goat Coffee
- Havener Food Court/ Chick-fil-A
- Heavenly Divine Cakes
- Hiro Bento House
- Hoppers Pub
- Koi Japanese/Hibachi
- Kyoto 2.0
- Rob & Cricket's Tater Patch
- Los Arcos Mexican Food
- Los Casadores
- Lucky House
- Maid Rite
- Mandarin Garden
- Master Donuts
- Mottomo Japanese
- NaCl+H₂O
- O'Doggy's
- Piscotti's Pizza
- Pryor's Pizza
- Public House Brewing Co.
- Ramen Bay
- Randy's Roadkill BBQ
- Scooter's Coffee
- Scruff's Grill
- Sirloin Stockade
- Soda & Scoops
- South Central Creamery
- Spoon Me